

CHURCH NEWS

Mis Awst 2018 - August 2018

50p

All Saints, Deganwy • St Cystennin's, Mochdre • St David's, Penrhyn Bay St Doged's, Llanddoged • St Ffraid's, Glan Conwy • St Grwst's, Llanrwst St Hilary's, Llanrhos • St Katherine's, Bryn Pydew • St Martin's, Eglwysbach St Michael's, Llandudno Junction • St Paul's, Craig-y-Don

www.aberconwy.church

Why not!

The Revd. Noel Carter writes:

Whilst on holiday last month I discovered this wonderful quote from the Irish playwright and author, George Bernard Shaw.

"Some men see things as they are and ask why. I dream things that never were and ask why not?"

What a breath of fresh air that can transform how we think!

Why not? Why not a world where no child will ever go to bed hungry again? Why not a world in which poverty really is history? Why not a world in which every person is valued and respected? Why not a world that looks less like the nightmare of our making and more like the dream of God's creating? Why not a church that is vibrant and growing? Why not!

Jesus was continually asking people, "Why not?"



Pictured above; The Revd Juliet Fraser with Bishop Gregory and others in St Asaph after her licensing to the Aberconwy Mission Area which took place on 10th July



and as a result many people of the day thought he was mad. People who dare to live the way of Jesus today can also be called crazy. Many people consider us rather odd for being part of the church. I wonder if that is what Jesus was getting at when he said, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it" (Mark 8: 34-35)

Bishop Gregory has challenged all the Mission Areas to aim for a 10% Growth in numbers during the next twelve months. All but one of the twenty one Mission Areas, including Aberconwy, have said that they are up for the challenge. Some people have said why should we do this, but I think the question is rather to say, why not? Can we add one extra person for every ten people in our congregations? Even for the largest congregations in the Mission Area we are talking about adding five people to our numbers and for most it is just one or two or three. If we can achieve this we will become a growing church. We will be a church that says "why not?"!

REGULAR SERVICES IN OUR CHURCHES - ALL WELCOME

1st Sunday of the month

8 am Holy Eucharist St David's and St Hilary's

9.30 am Holy Eucharist St Michael's and St Martin's; Morning Worship St Cystennin's;

9.45 am Choral Eucharist St Paul's

11 am Holy Eucharist All Saints, and St David's; Family Service St Hilary's; Morning Worship St Katherine's

11.15 am Holy Eucharist St Ffraid's 4 pm Holy Eucharist St Grwst's 6.30 pm Evening Prayer St Hilary's

Services at St Ffraid's and St Martin's will vary until further notice, though will be at the usual times. Please check locally to see whether it is Eucharist.

2nd Sunday of the month

8 am Holy Eucharist All Saints and St David's

9.30 am Holy Eucharist St Cystennin's, St Michael's and St Martin's; Boreol Weddi St Grwst's

9.45 am Choral Eucharist St Paul's

11 am Holy Eucharist All Saints, St David's, St Hilary's and St Katherine's

11.15 am Holy Eucharist St Ffraid's

4 pm Holy Eucharist St Grwst's; Family Service St Paul's - not in August

6.30 pm **Evening Prayer** St Hilary's

3rd Sunday of the month

8 am Holy Eucharist All Saints and St David's

9.30 am Holy Eucharist St Michael's and St Martin's; Morning Worship St Cystennin's

9.45 am Choral Eucharist St Paul's

11 am Holy Eucharist All Saints and St Hilary's; Morning Worship St Katherine's; Family Service St David's

11.15 am Holy Eucharist St Ffraid's
4 pm Holy Eucharist St Grwst's
6.30 pm Cymun Bendigaid St Hilary's

4th Sunday of the month

8 am Holy Eucharist All Saints and St David's

9.30 am Holy Eucharist St Cystennin's and St Martin's; All-age worship St Michael's; Boreol Weddi St Grwst's

9.45 am Choral Eucharist St Paul's

11 am Holy Eucharist St David's, St Hilary's and St Katherine's; All-age worship All Saints

11.15 am Holy Eucharist St Ffraid's 4 pm Holy Eucharist St Grwst's 6.30 pm Evening Prayer St Hilary's

5th Sunday of the month

8 am Holy Eucharist All Saints and St David's9.30 am Holy Eucharist St Michael's and St Martin's

9.45 am Choral Eucharist St Paul's

11 am Holy Eucharist All Saints; Morning Prayer St Hilary's

11.15 am Holy Eucharist St Ffraid's
4 pm Holy Eucharist St Grwst's
6.30 pm Holy Eucharist St Hilary's

St Cystennin's and St Katherine's

hold a joint service at 10.30 am on **5th Sunday** mornings alternating between the two churches, and the 11 am service on a 5th Sunday may vary at **St**

David's.

HOLY EUCHARIST also on Wednesdays 10 am at All Saints, Thursdays 10.30 am at St Paul's, Fridays 10 am at St David's

Join us for coffee - 10 am Thursday at St Paul's (not in August) and St Ffraid's; 10.30 am Friday at St David's

Prayer Group - 10 am every Tuesday at St David's (01492 876451 for details)

The groups listed below will not be meeting in August - all will resume in September:

Koinonia Groups (Bible study, prayer & discussion): Morning - 2nd and 4th Weds, 10.30 am (01492 876451 for details)

Evening - 1st and 3rd Thurs, 8 pm (01492 583420 for details)

St Katherine's Bible Study - 7.45 pm every Monday (01492 540542 for details) **Julian Group** - **8.00 pm** every Monday at St Michael's (except Bank Holidays)

CAMEO (Come And Meet Each Other) Lunches - every 1st Wednesday at 12.15 pm in St Katherine's, Bryn Pydew

CLERGY: Rev Noel Carter (Mission Area Leader) 01492 339521 (For other contact details and online

Rev Dr Godfrey Chigumira 01492 543706 addresses - please see inside back Rev Juliet Fraser 01492 596655 cover)

Rev Sarah Hildreth-Osborn

Rev Peter Walker 01492 583579

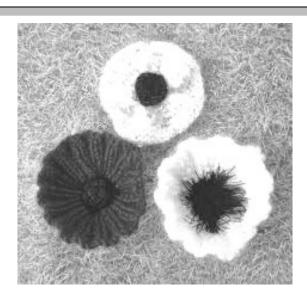
OFFICE: Penrhyn Beach East, Llandudno, LL30 3NT - 01492 541615 - office@aberconwy.church

Mis Awst 2018 - CALENDAR - August 2018

		Services	Other events
Wednesday	41	HE 10 am AS	
Thursday	2	HE 10.30 am St P	Afternoon Tea 2-3.30 pm St D
Friday	3	HE 10 am St D	Summer Concert 7 pm St H
Saturday	4	Holy Matrimony 12 noon St H	Craft Afternoon 2-5 pm St P Summer Brass 7.30 pm St P
SEA SUNDAY	5	SEE OPPOSITE PAGE - Also: Holy Baptism 12.30 pm St H and St M, Infant dedication 12.30 pm St K	
Monday	6		Dementia Café, 10.30-12.30 pm AS Gardening Evening 6.30 pm St H
Tuesday	7		MAGAZINE COPY DATE
Wednesday	8	HE 10 am AS	
Thursday	9	HE 10.30 am St P	
Friday	10	HE 10 am St D Holy Matrimony 1.30 pm St H	
Saturday	11	Holy Matrimony 3 pm St H	
SUNDAY	12	SEE OPPOSITE PAGE - Also: Holy Baptism 12.30 pm St H	
Monday	13		
Tuesday	14	Praying for Growth 2-4 pm St H Open Table Service 7 pm St G	
Wednesday	15	HE 10 am AS	
Thursday	16	HE 10.30 am St P	Christian Aid Summer Fayre 10-4 pm St John's Methodist Church Hall
Friday	17	HE 10 am St D	
Saturday	18	Holy Matrimony 12 noon St H and 3 pm St M	Men's Prayer Breakfast 9.00 am St P
SUNDAY	19	SEE OPPOSITE PAGE - Also: Holy Baptism 12.30 pm St H Open Air Service 4 pm St D	
Monday	20		
Tuesday	21		St Hilary's Fellowship 2.30 pm Llanrhos S/room
Wednesday	22	HE 10 am AS	
Thursday	23	HE 10.30 am St P	
Friday	24	HE 10 am St D Holy Matrimony 11 am St H	
Saturday	25		
SUNDAY	26	SEE OPPOSITE PAGE - Also: Scripture Union 150th Celebrations - special preacher at 9.45 am at St P; Holy Baptism 12.30 pm St H and St M	
Monday	27		
Tuesday	28		
Wednesday	29	HE 10 am AS	
Thursday	30	HE 10.30 am St P	
Friday	31	HE 10 am St D	

KEY: HE - Holy Eucharist; AS – All Saints; St C – St Cystennin's; St D - St David's; St Do - St Doged's; St Ff - St Ffraid's; St G - St Grwst's; St H - St Hilary's; St K – St Katherine's; St M – St Michael's; St Ma - St Martin's; St P – St Paul's

Across Borders



POPPIES FOR LLANDUDNO

The Revd. Bev Ramsden writes:

It has been suggested that Llandudno churches knit (or crochet) poppies for Remembrance Sunday this year - 100 years since the end of the First World War - placing them around town as we did the angels last Christmas. Here is a possible pattern to use, though there are plenty more on the web. www.sigbi.org/grange-over-sands/programmes-action-2/knitting.

We will work out how to label and distribute the poppies closer to the time. Thank you for your church's involvement in this.

May you have Peace within

This prayer, attributed to St Theresa of Lisieux, was given to those who attended the Cytun Peace Service at the church of Our Lady Star of the Sea in June.

May there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

May you use those gifts that you have received and pass on the love that has been given to you.

May you be content knowing you are a child of God.

Let this presence settle into your bones and allow your soul the freedom to sing, dance, praise and love.

It is there for each and every one of us.



Jeanette Bennett-Williams writes:

The Llandudno district Christian Aid Week 2018 total raised was £5396.88 - a good amount again, so many thanks to all our supporters and helpers. The house to house raised £1511.39 (our Churches are the only area still doing a limited collection) and the coffee mornings and donations in the week by various Llandudno Churches and Chapels raised £3885.49. Our Church members responded generously to the appeal and we raised £2697.89, only a little down on last year. A big thankyou .

The SUMMER FAYRE will be held at St. John's Methodist Church Hall on Thursday 16th August from 10 am – 4 pm. There will be the usual stalls; cake (cakes especially sponge cakes which can be cut into slices, scones etc), jams, books and bric a brac will be gratefully received. Also we need volunteers from our Churches to help over the lunchtime hours and in the morning to help with making sandwiches. It is a good day, so do pop in for coffee, light lunch or tea and enjoy the fellowship.

We do need volunteers to be committee representatives from any of our Churches. There are only four meetings a year generally on a Monday morning. At this time we only have two representatives so do consider this and give me a ring on 01492 582911 if you are interested or would like more information.

Whatever happened to Daniel?

Peter Marshall writes:

Back in March people were kindly praying for Daniel Tarifa Peni, 14, a refugee from Nzara, South Sudan, now in Uganda, to come to St. David's College, Llandudno.

As you may know, he was not granted an education visa to come to U.K. The main reason given was 'that they could not be sure he would return to South Sudan after his education', even though we submitted his return ticket, paid for, with the visa application. So a very disappointed Daniel went back to his school in Uganda, where he will continue until the end of this year. He was already packed and within hours of leaving for the airport to fly to Manchester.



We were very disappointed too, as previous students like John Njendahayo and Julius Myombeya, had been granted visas to come to St. David's. Had his father been a businessman and not a bishop, he would probably have got a visa, as thousands of children from overseas come for education in the U.K. So it has been a disappointing and expensive exercise!

My Trust, the Buckingham Trust (registered charity 237350), continues to pay for his education albeit in Uganda, and also for accommodation for his siblings and the aunt who cares for them at Maya, the St. David's College project. So big thanks to those who support financially.

Daniel and his siblings and parents still value our prayers. His father, Bishop Samuel is receiving treatment for diabetes. While not covered by our media, the war and troubles continue in South Sudan.

There is no 'light at the end of the tunnel' yet.

Pictured left: Peter Marshall with Daniel.



Janet Marshall writes:

Did you ever belong to Scripture Union? Did you or do you have SU Bible Notes? They have been part of my life since childhood. How glad I am that I learnt the habit of listening to God daily through the daily SU. Bible reading portion. My parents, SU branch secretaries for our church, delivered the Notes personally to members every quarter and prayed with them. In my student years I helped at C.S.S.M Beach missions, both at Southwold and Abersoch, helping to introduce children to the Lord Jesus as their living Friend and Saviour.

When I was teaching, I ran a SU Bible club at school, and in July 1966, I brought members of the group to the new SU holiday activity for boys at the new St. David's College, Llandudno.

I went to help with the cooking, and ended up marrying the leader, Peter Marshall! I got stuck with catering there for the next 20 years! Hard work, but a great joy seeing God touch young people's lives.

Jeremy Duff came on a holiday there from Liverpool in 1984 and committed his life to Jesus. Now head of the Padarn Institute for ministry training in the Church in Wales, his wife Jill, who also attended the Gloddaeth holidays which 'was very significant on my Christian journey', has just been made Bishop of Lancaster. There are countless such stories of God's goodness.

Last October we visited SU in Uganda - same aims - encouraging thoughtful personal Bible reading and sharing the good news of Jesus in schools and through holidays. And it all started in Llandudno! On the beach, August 24th, 1868. Amazing! How faithful God is!

150 years later the movement is in over 120 countries, with special support for children, young people and families. For over a hundred years SU Cymru has held beach missions at Abersoch, Nefyn and Cricieth. 95% of children in UK today have no contact with church. What are we doing about it?

Some events in Llandudno this year as SU celebrates its special anniversary:

Friday 24th August 2.30 pm Special Beach Service. North Shore

Saturday 25th 10.30 - 12.30 pm See SU and CSSM archives at Lady Augusta Mostyn's home, Gloddaeth Hall, (St. David's College), and see The Minstrel' Hall and Mostyn Art Gallery.

7.30 pm Celebration Event, Gloddaeth United Church, including team from SU Lesotho.

Sunday 26th 11.00 am Ecumenical Open Air Service on the Promenade.

Summer Praise

St John's Methodist Church, Llandudno

Sunday 12th August 6.30 pm with Beulah Brass Band and Rev Bev

Sunday 16th September 6.30 pm
Harvest with Rev Bev and Wrexham Salvation
Army Band & Songsters



Come and join us for an evening of fun and praise!

Free summer musical workshop

for 5 to 12 year olds



6th-10th August, 9 am to 3 pm each day, performance in St Paul's Church, Colwyn Bay on the Friday at 5 pm.

In addition to singing, dancing and drama there will be activities during the week including arts, crafts and scenery-making. If you have children that are interested in attending, please contact Elin Cutler on 07874 376692 or email spycestpauls@gmail.com.

What is happening in the Mission Area?



We continue to pray for the growth of the church in the Aberconwy Mission Area.

This month **St Hilary's Llanrhos will be open** for prayer for the growth of the church in our Mission Area on **Tuesday 14**th **August** between 2 and 4 pm.

Pop in for ten minutes or two hours and join in with this important ministry of prayer.

Please pray for our clergy and leaders, and particularly for the Revd Juliet Fraser as she begins her ministry with us.

Also please pray for Harri Bunce, Ayla and Imogen Chambers, Gregory Smith, Delyth Mair Owen, Lily Rose Brookes Evans and George Roberts, all to be welcomed into the church by baptism during August;

and for Sean Humphreys and Davinia Thomas, Ryan Owen and Kylie Gregory, Adrian Cripps and Alison Lloyd, and Jonathan Crowther and Jaren Haston, who are to be married in our churches during August.



Pictured above: Children at our church school - Ysgol Bodafon. A project run by St Paul's Church is helping them learn more about the Bible. In the last session before the holidays, they looked at the story of the prophet Daniel in the lions' den

CHANGES FOR AUGUST

We hope the summer weather continues for those who will be on holiday in August, and that all may find time to rest and relax.

Please note that these regular church activities will **NOT** take place during August, but will resume as normal in September:

Family Service at St Paul's
CAMEO lunch at St Katherine's
Thursday Coffee mornings at St Paul's
St Katherine's Bible Study
Cuppa & Crafts at St Hilary's
Koinonia Groups
Julian Group
Mothers' Unions
Bible Briefs

New members will be welcome when these activities start up again after the holiday. Details of restart dates and times and places of meeting will be in the September magazine.

Remember that those from all our churches are welcome to events in the Mission Area. It is important that we get to know each other so that we can strengthen the church family and work together to show forth the love of God and the good news of Jesus Christ.

Things that <u>are</u> happening in August include:

AFTERNOON TEA

St David's Church Hall, Penrhyn Bay

Thursday 2nd August 2 - 3.30 pm

£3 Per person - pay on the day Details from Ann Beardmore 07872 933926

SUMMER EVENING CONCERT

"Bless This House"

St Hilary's Church, Llanrhos
Friday 3rd August 7 pm
With strawberries and bubbles!
Tickets (on the door) £5
in aid of St Hilary's Church and the RNLI

CRAFTERNOON

St Paul's Church, Craig-y-Don
Saturday 4th August 2 - 5 pm

Drop in at any point to do craft work and chat at this fundraising event in aid of **Mind**, the mental health charity. Bring your current project or try paper craft for kids, crocheting squares and flowers, cross stitch, pom poms charms and book marks. Crafts for sale, tea and coffee, cakes, strawberries and cream. Details from craft@stpaulsllandudno.co.uk



SUMMER BRASS

Holywell Band (pictured above)

Saturday 4th August 7.30 pm

The series of concerts raising money for choral scholarships for young people at St Paul's continues on the first Saturday of the month.

DEGANWY DEMENTIA CAFE

All Saints Church,

Monday 6th August 10.30 - 12.30 pm

Open to all, especially those living with Dementia, their carers, loved ones and friends. Entry and refreshments are free of charge to all.

MEN'S PRAYER BREAKFAST

St Paul's Church, Craig-y-Don

Saturday 18th August 9 – 10 am

Come and enjoy this spiritually uplifting breakfast and enjoy fellowship, prayer and a bacon sandwich.

OPEN AIR SERVICE

St David's Church, Penrhyn Bay

Sunday 19th August 4 pm

With the Beulah Brass Band, followed by B-B-Q

All are welcome



Pictured above: The "William F Yates", Llandudno's new Shannon Class lifeboat. If you missed the talk at St Paul's, there is another chance to hear about it at St Hilary's Fellowship (see below).

ST HILARY'S FELLOWSHIP

Llanrhos Old Schoolroom

Tuesday 21st August 2.30 pm

Speaker from RNLI the Llandudno Everyone welcome

REMEMBER THOSE "BRIGHT IDEAS"?

The Leading your Church into Growth groups came up with lots of ideas, many of which have still to be put into practice. One was that we might establish some kind of support network for those who have been bereaved. There is a day course being held in Wrexham which might be helpful for anyone who might be interested:

Bereavement Care Awareness

A training course to help churches support bereaved people

Saturday 1st September 10 am - 4 pm

Penycae Neighbourhood Church of the Nazarene, Stryt Issa, Wrexham LL14 2PN

For more information Contact 07891 837503 or alisonutting@gmail.com or visit www.careforthefamily.org.uk/bereavementcare

Some dates for your Autumn Diary:

Leading Intercessions in Church

Workshop in St Paul's Church, Craig-y-Don, 10 am Saturday 15th September

Prayer Focus

St Grwst's Church, Llanrwst, Wednesday 19th September 2 - 4 pm

St Hilary's Autumn Fayre

Saturday 29th September, Llanrhos Old Schoolroom

START Course

for enquirers about our faith - begins Tuesday 2nd October

Advent Quiet Day

Tuesday 27th November, Loretto Centre, Llandudno 10-4 pm

News from the Mission Area

Peter Jones

It was with great sadness that we heard of the death of Peter Jones in June. He had been ill for some time.

Peter was a larger than life character who spent much time and energy behalf of working on others. Particularly we thank God for all the work he did for St Cystennin's Church as Churchwarden, and the life he brought The Hymns Evening that was to it. enjoyed a couple of weeks ago was an idea of Peter's and has become an annual event. He indulged in some breath-taking fundraising events (zipwire, fire-walking etc!).



Also we thank God for the work he did for the community of Mochdre as a Town Councillor, and for his support of local causes and charities. He was a champion of the Welsh language and was trying to establish a regular monthly Welsh Communion service shared between St Cystennin's and St Ffraid's. He will be sorely missed. We pray for all his family and friends at this time. May his soul rest in peace.

St Mary's Well, Llanrhos



One Tuesday afternoon in June the Revd Anna Humphreys led a small group of St Hilary's members on a short pilgrimage to St. Mary's Well at Llanrhos. (The well is just a short walk down the cul-de-sac next to Llanrhos the Old Schoolroom)

From ancient times Celtic people lived in this area and the well was their source of clean water. About

500 years after Jesus Christianity had spread to Wales and pilgrim tracks can be found all around this area. A pilgrim is a traveller - literally one who has come from afar — and pilgrims need clean water.

Maelgwn Gwynedd was king of Gwynedd during the early 6th century, and a generous supporter of Christianity, funding churches throughout Wales. His Llys (Court) was at Bryn Euryn near Colwyn Bay. He fortified Deganwy where he built a strong castle and may have built the original church at Llanrhos, next to the well, dedicating it to St Hilary.

During the mid 500's a pestilence raged in the area. Ancient writings tell us that "Maelgwn died of vad velen or yellow plague in the church of Llanrhos whither he had taken himself for shelter." Maelgwn died in 547 and was buried on Ynys Seiriol - Puffin Island"

The earliest remains of our present Church are from the 13th century when monks from Maenan Abbey rebuilt an earlier structure. Churches under the influence of a monastery or

abbey were usually rededicated to the Virgin Mary. So who was St Hilary in whose name our Church is also dedicated? St. Hilaire (died 368) was a proactive defender of the belief that Jesus was the same as God, rather than inferior to God (made official in 325 in the Nicene Creed) and has villages named after him in Cornwall and Wales. St. Eleri from Scotland died in 670, after Maelgwn's time, so it is more likely that it was the popular and contemporary French St. Hilaire whose name the church adopted.

The name "Mary" appeared much later, when in 1350 Maenan Abbey and Edward III agreed that the church be under the abbey, who rededicated it to their patron saint "Llanfair yn Rhos" or St Mary, Rhos, and with it the well. Centuries later Henry VIII dissolved the monasteries and ordered these dedications to be removed and our church reverted to its original title, St Hilary. There were attempts to destroy well-shrines but it seems the well may have been officially forgotten, as the name of Ffynnon Santes Fair remained in local memory. It appears on local maps from 1900 onwards, and was the principal water supply until mains connection in 1908 rendered it obsolete. It was brought to light again, literally, following the floods in 1993. The area, unlike low-lying Llandudno, was not flooded, but the run-off from the adjacent fields necessitated a clearing of debris around the footpath, and it was during this clear-up that the well was rediscovered.

With this history, prayers, and time for meditation and sharing, our little pilgrimage was so much more than just an afternoon stroll. Many thanks to Anna for her leadership.



Pictured above: The modern day pilgrims at Ffynnon Santes Fair - St Mary's Well, Llanrhos

Gardening Evenings

Many thanks to those who have helped with the Gardening sessions in the churchyard at St Hilary's. The last one of the summer will be on **Monday 6th August** at 6.30 pm.





THE MOTHERS' UNION



On 9th August the church remembers the Founder of Mothers' Union, Mary Sumner, a woman of deep faith, with a heart for prayer and a determination to make a difference in the lives of others. She listened to God and acted upon his

call and in 1876, she founded "the Union of Mothers". Contrary to what is often assumed, she was an older woman, a grandmother, when she took the first steps which eventually led to the establishment of Mothers' Union. Not a natural speaker - quiet and diffident - her faith and resolve to follow God's call to make a difference to families and society, laid the foundations for today's worldwide movement.

St Paul's Branch, Craig-y-Don

Pat Hay writes:

What a summer - good for the strawberries if not the grass! In June a talk given by Marcus Elliott was a fascinating insight into both the history of the Lifeboat service and our new station here in Craig y Don. (See the picture of the new Lifeboat on page 8). We were able to present him with a £110 donation and had a very appreciative letter in return telling us that the moneys would go into the training fund for new and current crew - a very worthwhile cause and living by the sea as we do one very relevant to all of us. At the end of June our Afternoon Tea was very well attended and enjoyed by all, including two ladies from Rhos on Sea who had

seen our poster when going past St Paul's on the bus and came along to join us and really enjoyed themselves. (Who said advertising doesn't work!). Our next meeting will be 10th September and Thursday Coffee restarts on 13th September. Happy Summer everyone.



Pictured above: The Mothers' Union display at the Flower Festival at St Grwst's'

All Saints Branch, Deganwy

Daphne Laight writes:

A reminder that there will be the usual Mothers' Union corporate communion on 1st August at 10 am in church.

Some of us are still knitting Twiddle Muffs and if anyone would like to join us please see Daphne for the pattern

St Ffraid's Branch, Glan Conwy

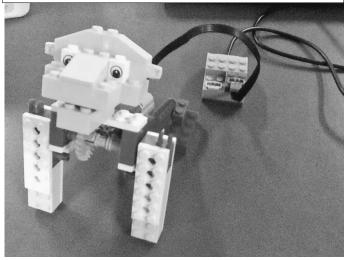
Kath Jones writes:

The outing in June was enjoyed by all, after lunch at the Manor members were able to sit outside and appreciate the warm weather and wonderful views. We resume our meetings on 11th September at 2 pm.

St Paul's Craig-y-Don



Above and below: More pictures of Ysgol Bodafon children using Lego to help them learn more about the Bible in the project run by St Paul's Church. Here they look at the story of the prophet Daniel in the lions' den, which involved them making robot lions out of Lego, and using computers to program them to respond to Lego figures representing the prophet and the jealous servants.



Chris Dearden and Philip Evans write: They called it "Super Saturday and Sunday" - 7th and 8th July was something of a busy weekend in our part of Llandudno. Here's just a flavour of what happened: at St Paul's

Saturday 7th July

9.58 am – Sally Allan opens the kitchen at St Paul's and puts the kettle on. She's joined by Chris Dearden who opens the west doors ready for a morning of open church. A quiet session with only three visitors, but that gives Chris chance to install an air cooling unit in the choir stalls where the temperature is 25 degrees (not great if you're wearing choir robes).

4.15 pm – Michael Clutton returns to St Paul's for his second visit of the day, setting out for the following morning's service. Ken and Sylvia Pickup have already been in to mist and water the flowers and stop them wilting in the heat and Helen Roberts has put a new arrangement in place on the high altar

6.20 pm – Phyllis and Alan Oliver arrive to start setting up the raffle for the evening's brass band concert. Chris and Wendy Dearden are in the kitchen and the Revd Noel Carter is ready to greet the audience as they arrive with programmes.

7.25 pm – The audience passes three figures. We've long since run out of cushions and are almost out of programmes

8.30 pm – Half time in the concert. Anne Clutton and Phyllis Oliver arrive in the kitchen to help wash up. Warm weather means that we've served fewer teas and coffees, but there's more glassware for cold drinks to wash.

9.40 pm – Michael Clutton takes charge of the operation to convert the nave back into church mode as the brass band pack up. We've raised £529.56 from the retiring collection to be split between the band and St Paul's choral scholar fund. There's now less than 12 hours until the morning service and still plenty to clear up.

Sunday 8th July

9.02 am – Philip Evans and Ken Pickup open the church ready for the first service of the day. The

west doors are opened fully to keep the building cool – it's already 22 degrees in there as the stone building retains the heat beautifully.....

11.10 am – Communion service over, David Hay and Wendy Dearden load up cars with a gazebo and children's craft kit ready to transport to Queens Park in Craig y Don, where they'll be staffing the St Paul's stall. Beth McClelland volunteers to help wash up after coffee so Pat Hay can get to the park in time to join them.

12.05 pm — Crisis at the park: we have magnetic letters for children to play with, but nothing magnetic to stick them on! David Hay heads back to church with a brief to improvise, and eventually returns with two oven trays that do the job perfectly



Pictured above: As part of a very busy day on 8th July, activities going on in the St Paul's gazebo at the "Party in the Park" at Queens Park, Craig-y-Don.

1.20 pm – The west doors are still open; Chris Dearden and Ifan Spencer are on duty inside church, preparing music for the second service of the day, Choral Evensong in aid of Llandudno lifeboat. Over in Colwyn Bay, Soprano Hannah Ellis Jones is waiting anxiously for a late running bus to bring her back to the church for her second service of the day – one of several singers who are doing a double stint at St Paul's.

2.02 pm – Choir rehearsal; Wendy Dearden makes an early exit from Queens Park to take up tea duty for the choir between rehearsal and evensong. Pat Hay has left coffee machines prepared ready to make things as efficient as possible

3.55 pm – Llandudno lifeboat have had a call out – someone is stuck on a sandbank at West Shore. However, the RNLI deputy launching authority was due to do one of the readings at evensong. Philip Evans briefs another RNLI volunteer on readings. Chris Dearden dare not look out from the vestry door in case no-one has turned up for evensong!

5.35 pm – But they did! The congregation was actually larger than for the morning service. Philip Evans closes the west doors, almost nine hours since they were opened



They are a busy crowd at St Paul's! Don't forget the August Brass Band Concert on Saturday 4th, and the Craft Afternoon in aid of Mind that same afternoon.

St David's Ladies Fellowship

Ann Rowland writes:

Twenty two members joined together to enjoy a cold buffet lunch at Rhos-on-Sea Cricket Club at the end of June. The food was delicious with plenty of choice to suit the hot day. Everyone had a raffle ticket and a few lucky winners went home with a small gift. A very pleasant time with plenty of chatter was had by all.



Quiet Day

In complete contrast to the hectic weekend at St Paul's, the following Saturday members of the Julian group travelled to Pennant Melangell for a Quiet Day.

Pennant Melangell lies at the head of the Tanat Valley along a single-track road with occasional passing places. It is a "place beyond words" and far from the rush of 21st century life; a place where God speaks in the silence and where all people have an opportunity to experience a sense of the Holy.

In that beautiful and peaceful setting of the church and centre we could take time to listen and ponder, meditating on words from the Gospels, "Come and see" and "What are you looking for?". With free time to wander, and a Eucharist and Healing service to finish the day, the time passed all too quickly and we were quite reluctant to turn for home.

The words below are from the lych-gate at Pennant Melangell:

Tuedda'n bur at Weddi - dy galon Gwylia wrth addoli, A Duw unig Daioni Yma'n dda anrhydedda di.

Turn purely to prayer, Keep your heart for worship, To God the only goodness, Here give the honour due.



The Shrine church at Pennant Melangell. At the top of the page is detail from the screen in the church, depicting the legend of St Melangell.

FROM THE EDITORS

We try to include as much information as possible about regular services, events, groups and contact details, on page 2 and inside the back cover. Please will those responsible check that the information is kept up to date. If there are any other groups, meetings etc. that should be included please do let us know.

We welcome news and comment from all the churches in the Mission Area, with photos if possible. Please send items in by **copy date (7th of the month)** to jastone@dunelm.org.uk or to the Parish Office, Penrhyn Beach East, Llandudno, LL30 3NT - office@aberconwy.church. (Contributions may have to be edited to fit available space, and late items may have to be omitted.)

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